

## Progressors – Sunday mornings

An 8 session training course aimed at Optimist sailors who aspire to race together at Budworth SC and have competent boat handling skills, including sailing upwind and gybing.



Limit: 8

Registration fee: £15

Dates: 19 April 09, 26 April 09, 02 May 09, 17 May 09, 24 May 09, 14 June 09,  
28 June 09, 5 July 09, 12 July 09, 19 July 09  
(some dates reserved in case of adverse weather)  
Rigged and ready by 1000hrs

*“These sessions aim to build the children’s skills in boat handling and knowledge of racing (starting, rules, mark rounding) to enable them to confidently join in and participate at club and local open meeting events, unlocking the exciting opportunity for making friends and having fun on the water that Optimist racing provides.”*

*Eryl Dawson BSC/RYA Race Coach*

## 2009 Progressor Enrolment Form

Name of child:		
Boat number:		
Home address:		
E-mail:		
Phone:		
Date of birth:		
Age:		
Club member no:		
RYA Badges		
Experience:		
Emergency contact number:		
<p>The club will not accept liability for any damage or loss of property belonging to members, their guests or visitors to the club. The club will not accept liability for any personal injury arising out of the use of the club premises, and any other facilities of the club, or out of participation in any training or activities organised by the club, whether sustained by members, their guests or visitors, or caused by members, guests or visitors, whether or not such damage or injury could have been attributed or was occasioned by the neglect, default or negligence of any officials, committee members or servants of the club. Parents and guardians have the sole responsibility for their children and wards and must appreciate that the club cannot be expected to exercise supervision or control. Under law the above children are my dependents and I accept the paragraph above, which excludes my, and my dependents, rights to claim compensation in certain circumstances. I declare that during this event the boat/s above will have valid 3<sup>rd</sup> party insurance to £2m. During the time my dependents or wards are at the club, I shall remain on the club premises. I confirm that my dependents/wards are capable swimmers and are competent to take part in the event. Coaches reserve the right to exclude children exhibiting inappropriate or dangerous behavior from the coaching sessions. If appropriate the coach may require others to sail your boat, or ask your child to sail with others in other boats to learn certain skills.</p>		
Signature:		Print name:

<b>For parents/guardians:</b>	
Does your child have any medical conditions that the coaching staff should know about? Please specify	
I am happy to help with:	On-the-water help <input type="checkbox"/> Rescue <input type="checkbox"/> Training <input type="checkbox"/>
	On-the-shore help <input type="checkbox"/> Registration <input type="checkbox"/> Rigging/launching/recovering <input type="checkbox"/>
I hold RYA qualifications	
My sailing/racing experience is	
Do you have any other relevant qualification (e.g. First Aid)?	
Are you interested in further training to become part of the coaching staff?	
<b>Course fees:</b>	£15.00 for 1st child, £5.00 for 2 <sup>nd</sup> child, FOC for 3 <sup>rd</sup> child Cheques to be made payable to: Budworth Sailing Club

**Completed forms, including fees, should be sent to:**

**Fraser Kerr,  
38, Willow Green,  
Knutsford,  
Cheshire WA16 6AX**

**Closing date for application: 15 April 09**